

Mariah Bowles

Pediatric Healthcare · Esthetics · Future CEO



Made with GAMMA



Who I Am

Student at Booker T. Washington High School — compassionate caregiver in the making, lifelong learner, and future leader passionate about **pediatric healthcare**, child wellness, esthetics, and entrepreneurship.

Hobbies

Cooking · Art · Reading · Self-care

Dream

Serve children globally, travel the world

Favorite Food

Seafood 🦞

- 📌 Driven by a deep love for children's health — because every child deserves compassionate, expert care. 🌸

My Career Vision

"I want to help children feel confident, healthy, and cared for through compassionate pediatric healthcare and wellness services."



Child Wellness

Promoting healthy habits, growth, and development in children through preventive care and wellness education.



Pediatric Care

Providing attentive, age-appropriate medical support that puts children's comfort and safety first.



Health Education

Empowering children and families with knowledge about nutrition, hygiene, and healthy lifestyle choices.



Compassionate Service

Treating every young patient with warmth, dignity, and empathy — because children deserve the very best care.



Future Healthcare Leader

Building the skills, knowledge, and passion to lead in pediatric healthcare and inspire the next generation.



My goal is to build a career dedicated to children's health — creating spaces where every child feels safe, confident, and cared for with expert compassion.



Healthcare & Professional Development Experience

Building the clinical knowledge, technical skills, and professional foundations needed to excel in pediatric healthcare.

Clinical Skills & Execution

Hands-on clinical training and patient care techniques applied in real pediatric healthcare settings.

Healthcare Technology Integration

Leveraging modern health tools and digital platforms to support efficient, compassionate patient care.

Professional Development

Developing communication, collaboration, and career-readiness skills for a future in pediatric healthcare.

Pediatric Wellness Initiative

Improving Child Health Outcomes Through Digital Engagement & Community Outreach



Challenge

Bridge gaps in child wellness education and family health literacy



My Role

Pediatric health content creation & patient family engagement support



Tools

Canva · ChatGPT ·
Google Workspace ·
EHR Platforms



Key Lesson

Compassionate communication builds trust with families and care teams



Real Chill Wellness

Building Brand Visibility Through Pediatric Health Marketing & Community Engagement



Challenge

Increase brand awareness and trust among pediatric families and caregivers



My Role

Patient education content creation & health campaign support



Tools

Canva · ChatGPT · Google Workspace · Social Media Platforms



Key Lesson

Wellness strategy rooted in empathy drives meaningful community impact



Skills & Technology

A blend of clinical knowledge, digital fluency, and compassionate care

Healthcare

- Clinical Skills
- Patient Communication
- Health Assessment
- Research

Technology

- Canva & Canva AI
- ChatGPT · Gemini
- Google Workspace
- EHR Systems

Professional

- Communication
- Leadership
- Adaptability
- Compassion

My Growth Journey

From clinical learner to compassionate healthcare leader

Challenges

- **Clinical decision-making** — applying evidence-based thinking under pressure
- **Patient communication** — building trust across diverse backgrounds
- **Professional standards** — rising to real-world healthcare expectations
- **Team collaboration** — navigating interdisciplinary working styles

Growth Stages



Compassionate Learner

Developing empathy and foundational clinical skills in pediatric care settings



Clinical Thinker

Applying critical reasoning and evidence-based approaches to patient assessment



Healthcare Leader

Guiding teams with confidence, innovation, and a patient-first mindset

Portfolio Highlights

A curated collection of healthcare communications, education, and outreach work

Clinical Case Studies

Documented patient scenarios illustrating evidence-based decision-making and outcomes

Patient Education Materials

Clear, compassionate resources designed to empower patients and families

Health Campaign Graphics

Visual storytelling for wellness initiatives and public health awareness

Wellness Presentations

Professionally designed decks for clinical, academic, and community audiences

Research Summaries

Distilled findings from clinical research and evidence-based literature reviews

Community Outreach Content

Inclusive materials connecting healthcare services to diverse communities

Healthcare Branding

Cohesive visual identities built on trust, warmth, and professionalism

Educational Videos

Engaging multimedia content for patient instruction and professional development

 **Portfolio Gallery:** Full samples, mockups, and project breakdowns are available upon request. Each piece reflects a commitment to clarity, compassion, and evidence-informed communication in healthcare.

Meet American Thrive!

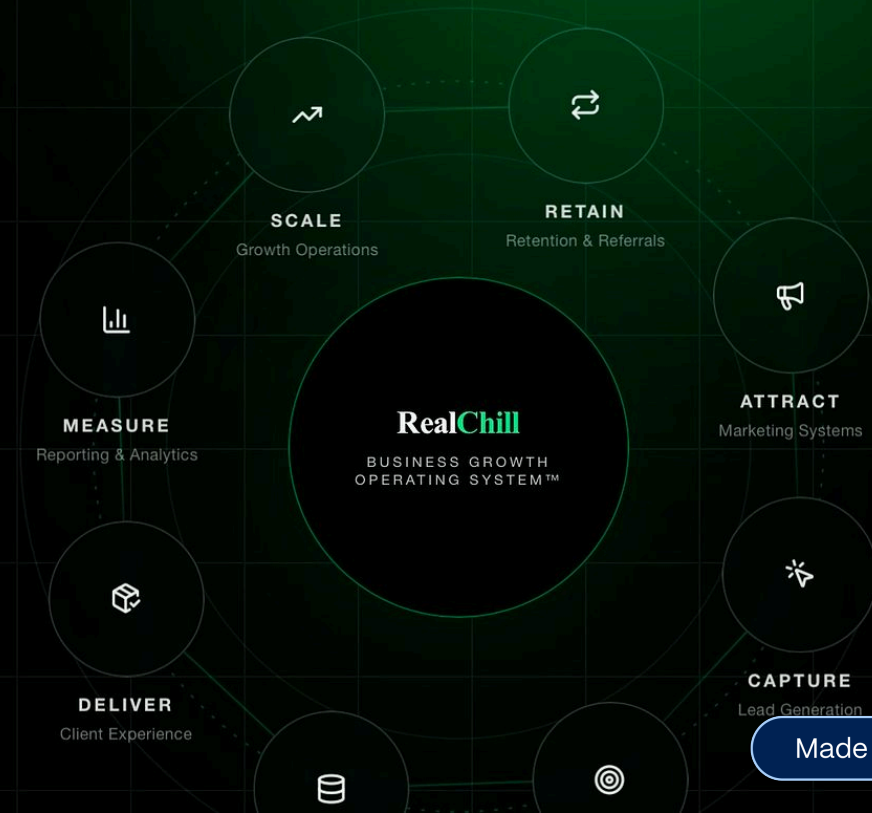


Cultivating a Community of Excellence

— BUSINESS SYSTEMS CONSULTANCY · ATLANTA

STOP BUYING MARKETING. START BUILDING REVENUE SYSTEMS.

RealChill architects the marketing, sales, CRM, AI, and operational systems that create predictable growth for service businesses, founder-led companies, and growth-stage teams.

[BOOK A REVENUE OPPORTUNITY AUDIT →](#)Made with **GAMMA**



MY VISION

The Future Starts Now

"Every child deserves compassionate, excellent care — and I am committed to building the expertise, businesses, and leadership that will make that a reality."

Goals on the Horizon

 **Clinical Excellence**
Deepen clinical expertise in pediatric care

 **Esthetics & Wellness**
Launch esthetics and wellness services

 **Business Mastery**
Master healthcare business & entrepreneurship

 **My Own Practice**
Build my own pediatric health practice

 **Lead with Purpose**
Become a CEO who leads with compassion and innovation

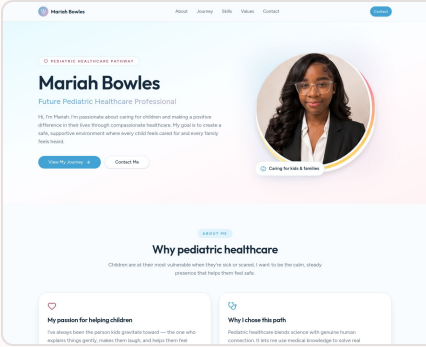
Let's Connect

 **Email**
Mariahbowles.mb
2agmail.com

 **LinkedIn**
[Your LinkedIn]

 **Portfolio**
[Your Portfolio]

 **Website**



 Lovable 
Mariah Bowles — Future Pediatric Health...
Compassionate care for children and families.
Explore Mariah's career pathway,...